



HOMA APPLICATION QUESTIONS

- Name, email, address, telephone number & date of birth
- Tell us why you are interested in psychotherapy training.
- What is it about the Homa training that attracts you?
- Tell us about your support systems for undertaking the training
- We ask that trainees commit to 100% attendance. This means making their training commitments a priority above other commitments. What challenges might this present for you and how will you manage them?
- Is there any information that we should know regarding your present or past circumstances e.g. criminal record, psychiatric history, special needs etc?
- Please tell us about your experience of therapy, both individual & group (Please give dates, names, modalities and organisations and include your current therapist if you have one).
- Are you currently receiving psychiatric treatment or taking any psychiatric medication?
- Please tell us about your work life (past, present, paid, unpaid and voluntary). Please provide dates.
- Please tell us about your educational/vocational background.
- What are your hopes and intentions for yourself in applying to join this training in terms of your personal growth?
- What is your purpose in applying to join this training in terms of your professional goals?
- Are you considering any other training organisations? Please tell us which ones.
- The Homa training will invite you to explore and develop yourself in ways that can have a significant impact on many aspects of your life. Please reflect on this statement.
- The work trainees do in their personal therapy is central to the training experience. You are required to undertake on-going weekly therapy (40 hours per year) with a Humanistic therapist for the duration of your training. Are you willing to make this commitment?
- Please write a brief autobiography of between 500 and 1000 words, reflecting on significant events, including your early childhood, the choices you have made and the important relationships in your life.
- Is there any other information we need to know or that you would like us to know?
- What are your plans for funding your training (this includes 4 years' training fees, personal therapy sessions, personal tutor meetings (3 per year), travel, lunches, books and professional supervision (from year 3 or 4).

- Do you intend to apply for a bursary?
 - Yes
 - No

- How did you find out about Homa?
 - Internet Search
 - Google Ad
 - My therapist
 - A friend
 - Facebook Ad
 - Other